



Newsletter no.22—Nov 18

Holland Park Surgery

PRG Members

Jeff Powell. Brian Stringer. Estelle Powell. Lilian Addis. Diane Jones. Christine Bladon. Eric Windsor. Lesley Bloxham. Ken Reynolds. Maggie Bennett. Alan Morgan, Jill Morgan, John Carver, Sarah Mycock, Greg Bloom, Dr Stevens and Heidi Hewitt.

FLU SEASON 2018.

This season there are 2 types of flu vaccines. One for under 65's and one for over 65's. The new Trivalent flu vaccine will target those 65 and over and is believed to be the most effective vaccine for this group of patients. We still have availability for flu jabs if you are eligible please book at reception.

EXTRA GP APPOINTMENTS (THE HUB).

We are very pleased to say that the extra GP appointments that are being offered on evenings and weekends (Darlaston & Portland weekdays only) via the hub will continue over the winter period. Posters are up in reception with details of contact numbers and venues or ask at reception for information. There is now a new hub at Portland Medical Centre in Aldridge which is more local to us.

CLINICAL PHARMACISTS/PRESCRIBING NURSES.

We have our own clinical pharmacists and prescribing nurses at Holland Park. They can do medication requests, ear, eye, chest, urine infections, blood pressure etc. Please try to utilise these especially over the winter period when surgery's will be extremely busy. This will hopefully free up the GP's for patients that suffer with chronic illnesses.

PHARMACY FIRST.

There is a scheme available called Pharmacy First which enables some patients to obtain certain medicines/creams and the like without the need of a GP appointment OR prescription. Anyone who doesn't normally have to pay for prescriptions from their GP – for example because they're under 16, over 60 or on benefits – is eligible for the scheme and will not need to pay for the medicine that the pharmacist suggests. Please ask at reception for more details.

CHRISTMAS OPENING.

The surgery will be open as normal with the exception of Christmas day, boxing day and new years day.

We will be closed from 6.30pm on Monday 24th December and will re-open on Thursday 27th December at 7.30am. We will be closed from 6.30pm on 31st December and will re open at 7.30am on 2nd January 2019.

**We would like to wish all of our patients a Happy and Healthy Christmas
and a Prosperous New Year**

The next PRG Group meeting will be held at 12 noon on Thursday 6th December 2018

