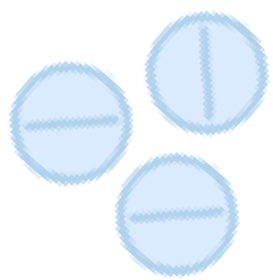
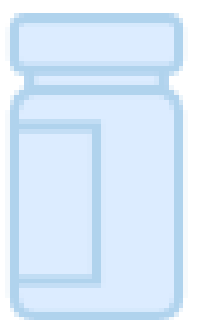




# Prescribing of over-the-counter medicines is changing



Prescriptions for self care medicines may no longer be available from your GP in Walsall



Examples of these include:

Paracetamol, ibuprofen, head lice treatments, indigestion remedies, travel sickness tablets, bite and sting medication, sun lotion, cough syrups, decongestants, sore throat products and vitamin supplements.



Ibuprofen tablets, 200mg x 16

Cost to you: 25p\*

Cost to the NHS: £40.78\*

Sore throat spray, 30ml

Cost to you: £6.99\*

Cost to the NHS: £47.82\*



Buy these over the counter at your local pharmacy, shop or supermarket

\*Costs are based on typical over the counter costs vs. GP consultation, pharmacy dispensing, container allowance and drug costs

**Thank you for helping your NHS to keep on helping you**

